

Berry Delicious Summer Salad

5 min	zero	4 to 6
Prep Time	Cook Time	Servings

What You Need

For the salad

- 8 cups mixed salad greens
- 2 cups fresh organic blueberries
- ¼ cup chopped walnuts or pecans
- ¼ cup red onions, diced
- ¼ cup crumbled goat cheese or feta *optional

Homemade vinaigrette dressing

- 1/2 teaspoon finely grated lemon zest
- 2 tablespoons freshly squeezed lemon juice
- ¼ teaspoon fine sea salt, or to taste
- 3 to 4 tablespoons extra-virgin olive oil
- Freshly ground black pepper, to taste

Preparation

1. Toss together the salad ingredients; drizzle with desired amount of vinaigrette, tossing gently to coat.